

# Coronavirus Disease (COVID-19) Client Health Screening



Please perform this health screening 24 hours in advance of your appointment and please cancel if you answer yes to any of these questions. We ask you to also re-assess the morning of your appointment and please cancel if you answer yes to any of these questions and please contact us immediately. You do not need to turn this form in. Just contact us if you answered yes.

We ask clients to take their temp when they wake up the day of their appointment. If you forget, please notify us when you arrive and the CSR will take a hands free temp outside, please call us when you arrive and let us know you need this.

## In the past 24 hours, have you experienced:

Temperature is over 100.4:	<input type="checkbox"/> Yes	<input type="checkbox"/> No
New or worsening cough:	<input type="checkbox"/> Yes	<input type="checkbox"/> No
Shortness of breath:	<input type="checkbox"/> Yes	<input type="checkbox"/> No
Current temperature:		

If you answer “yes” to any of the symptoms listed above, please do not come into Balance for Life. Self-isolate at home and contact your primary care physician’s office for direction.

- You should isolate at home and contact your Dr to see if a COVID-19 test is recommended.
- You must also have 3 days without fevers and improvement in respiratory symptoms before returning to Balance for Life.

\*Other symptoms could be associated with COVID such as diarrhea, rash, sore throat, stomach pain. If you suspect you have COVID-please contact a Dr and reach out to cancel.

## In the past 14 days, have you:

Had a member of your household been diagnosed with COVID-19?	<input type="checkbox"/> Yes	<input type="checkbox"/> No
Traveled by plane internationally ?	<input type="checkbox"/> Yes	<input type="checkbox"/> No
Been diagnosed with COVID-19?	<input type="checkbox"/> Yes	<input type="checkbox"/> No

If you answer “yes” to either of these questions, please do not come into Balance for Life. Self-quarantine at home for 14 days and please notify Julie Gronquist if you have been diagnosed with COVID-19 immediately. Any client or staff member will be notified that they were in contact with someone that was diagnosed with COVID-19 but your name will not be shared with clients for your privacy.